SHAPE OF YOU

Bill & Carol Goss — 617 Leisure World, Mesa, AZ 85206
858-822-9981 — billgossjr@gmail.com
With Yelena Babyuk — Dance Starz Arizona
$1.29 Download Amazon — Shape of You, by Ed Sheeran
CD: Divide Deluxe, Track 4 — Cut music at 2:50.289 on Audacity
Samba Ph V +3 UnPh — Written in 4/4 timing for ease of interpretation
Backward Rock, Promenade Runs, Cont Chasse Rev Trn
INTRO, A, B, C, D, A, B, C, D, END — Released 10/26/19 Rev. 10-8-19

INTRO

1-4 WAIT;; SAMBA WHISKS; UNDERARM WHISK,, WHISK,;

-	1-2	**{Wait}** Wait 2 meas in CP fc wall lead ft free;;
1a23a4 1a23a4	3-4	**{Samba Whisks}** Sd L/XRIB of L, recov in pl L, sd R/XLIB of R, recov in pl R; **{Underarm Whisk}** Sd L lift join lead hnds/XRIB of L, recov in pl L (W trn RF sd & fwd R to LOD start RF underarm trn/ fwd L strong RF trn ¾ fc ptr, XRIF of L) end CP wall, **{Whisk}** Sd R/XLIB of R, recov in pl R;

PART A

1-4 FULL BASIC TRN TO SCAR DW; 2 TRAVELING BOTA FOGOS; CONT CHASSE REV TRN SCAR; 2 BK TRAVELING BOTA FOGOS;

1a23a4 1a23a4	1-2	**{Full Basic Trn to SCAR DW}** Fwd L/ cl R, in pl L, bk R trning 1/8 LF to fc DW/ small sd L, trn body slgt LF cl R SCAR (W fwd L trning 1/8 LF/ sd R, cl L end SCAR); **{2 Traveling Bota Fogos}** Fwd L/ sd & fwd R on inside edge of toe trn ¼ LF, recov L to BJO DC, fwd R in BJO/ sd & fwd L on inside edge of toe trn ¼ RF, recov R SCAR DW;
1a2a3a4 1a23a4	3-4	**{Cont Chasse Rev Trn SCAR}** Fwd L start LF trn/ sd R cont trn softly thruout the fig to end DRC SCAR, cl L to R/ sd R, cl L to R/ sd R, cl L to R (W takes smaller steps); **{2 Bk Traveling Bota Fogos}** Bk R in SCAR/ sd & bk L on inside edge of toe trn ¼ LF, recov R to BJO, bk L in BJO/ sd & bk R on inside edge of toe trn ¼ RF, recov L to SCAR DRC;

5-8 BK CONT CHASSE REV TRN SCAR; 2 TRAVELING BOTA FOGOS; 3 BOTA FOGOS SEMI,, REV SEMI,; SEMI,, THRU FC CL DW,;

1a2a3a4 1a23a4	5-6	**{Bk Cont Chasse Rev Trn SCAR}** Bk R start LF trn/ sd L cont trn softly thruout the fig end fc DW SCAR, cl R to L/ sd L, cl R to L/ sd L, cl R to L M takes smaller steps; **{2 Traveling Bota Fogos}** Repeat meas 2 part A;
1a23a4 1a23a4	7-8	**{3 Bota Fogos Semi}** Fwd L in SCAR/ with LF body trn sd R on inside edge of toe trn to SCP DC, in place L in SCP DC, **{Rev Semi}** Fwd R in SCP/ trning RF sd L on inside edge of toe trn to

RSCP to paso doble armhold DRW, in pl R fc DRW; **{Semi}** Fwd L in RSCP/ trning LF sd R on inside edge of toe trn to SCP DC, in pl L in SCP LOD, **{Thru Fc Cl DW}** Fwd R in SCP DC/ trning body RF to fc W in CP small sd L, cl R to L fc DW (W fwd L/ trning body LF to fc M to CP small sd R, cl L);

PART B

1-4 **REV TRN 3 & BACKWARD RK LEAD HNDS JOINED;; PLAIT TWICE CLOSING UP FOR;;**

1a23a4 1-2 **{Rev Trn 3}** Trn LF fwd L LOD/ cont LF trn sd R, cont LF trn
1a234& XLIF of R CP DRC, trn LF bk R LOD/ cont LF trn sd L, cl R CP DW (W trn LF bk R LOD /cont LF trn sd L, cl R, trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R); cont LF trn fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R CP DRC (W trn LF bk R LOD/ cont LF trn sd L, cl R), **{Backward Rk Lead Hnds Joined}** Swvl LF rk bk R LOD bring W twd M, trning LF to DRW recov L allow W to move away still in CP/ in pl R to lead hnds joined;

123&4 3-4 **{Plait Twice Closing Up for}** Trning RF bk L to LOD, bk R, bk
123&4 L/ bk R, bk L; bk R, bk L, bk R/ bk L, cl R bring W closer to you (W swvl RF on L ¼ fwd R, swvl LF on R ¼ fwd L, cont swvl walks R/ L, R; L, R, L/ R, L); NOTE: Lead hnds joined with pressure in to each other. There is no bounce or leaning back. Man's footwork is ball flat delaying full wgt chg like merengue. Woman's footwork is ball of foot only. Woman's moving foot should pass supporting swiveling foot on each step.

5-8 **BACKWARD RK TO CP DRC & BK REV TRN 3 FC WALL;; WHISK & PROMENADE RUNS HALF OPEN; HALF LEFT OPEN,, HALF OPEN;**

12&3a4 5-6 **{Backward Rk to CP DRC & Bk Rev Trn 3 Fc Wall}** Trning
1a23a4 RF rk bk L to CP, recov R to fc DRC/ in pl L, trn LF bk R LOD/ cont LF trn sd L, cl R CP DW (W trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R); Trn LF fwd L LOD/ cont LF trn sd R, cont LF trn XLIF of R CP DRC, trn LF bk R LOD/ cont LF trn sd L, cl R CP wall (W trn LF bk R LOD/ cont LF trn sd L, cl R, trn LF fwd L LOD/ cont LF trn sd R, cl L to R);

1a23&4 7-8 **{Whisk & Promenade Runs Half OP Half LOP Half OP}** Sd
1&23&4 L/ XRIB of L, recov in pl L, sd R on ball of ft/ recov L to SCP, fwd R to ½ OP; XIF of W fwd & slgt sd L on ball of ft trning RF/ sd R, fwd L in ½ LOP (W fwd R on ball of ft/ fwd & sd L in ½ LOP, fwd R), fwd R on ball of ft/ sd & fwd L in ½ OP, fwd R in ½ OP (W XIF of M fwd & slgt sd L on ball of ft trning RF/ sd R trning to ½ OP, fwd L in ½ OP);

PART C

1-4 **SEMI 3 SAMBA WALKS;,, KICK BALL CHG (W BOTA FOGO BJO),; CONTRA BOTA FOGOS TWICE; ROUNDABOUT;**

1a23a4 1-2 **{Semi 3 Samba Walks}** Blend SCP fwd L/ pl R bk on inside edge of toe, pull L bk twd R about 3 inches flat foot, fwd R/ place
1a2-a4 L bk on inside edge of toe, pull R bk twd L about 3 inches flat
(W 1a23a4) foot; Fwd L/ pl R bk on inside edge of toe, pull L bk twd R about 3 inches, **{Kick Ball Chg W Bota Fogo BJO}** Small kick fwd R/ pl R ft bk on inside edge of ft, recov in pl L end in paso doble arm hold (W fwd L/ fwd & sd R inside edge of toe trn LF, recov L to BJO);

1a23a4 3-4 **{Contra Bota Fogos Twice}** Maintain paso doble arm hold both
1a2a3a4 fwd R outside ptr/ sd & bk L on inside edge of toe trn ¼ RF, recov R in pl to SCAR DRW, both fwd L outside ptr/ sd & bk R on inside edge of toe trn ¼ LF, rec L in pl to BJO DW; **{Roundabout}** Maintain paso doble arm hold both revolving arnd a central core CW XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L on inside edge of toe trn slgt RF, recov R in pl to SCAR figure makes btwn ½ & 1 rev;

5-8 **CONTRA BOTA FOGOS TWICE; ROUNDABOUT; KICK BALL CHG (W BOTA FOGO SCP),, SAMBA WALK,; SAMBA WALK,, SD SAMBA WALK,;**

1a23a4 5-6 **{Contra Bota Fogos Twice}** Maintain paso doble arm hold both
1a2a3a4 fwd L outside ptr/ sd & bk R on inside edge of toe trn ¼ LF, recov L in pl to BJO DW, both fwd R outside ptr/ sd & bk L on inside edge of toe trn ¼ RF, recov R in pl to SCAR DRW; **{Roundabout}** Both revolving arnd a cental core CCW XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R/ sd R on inside edge of toe trn slgt LF, recov L in pl to BJO figure makes btwn ½ & 1 rev fc DW;

-a23a4 7-8 **{Kick Ball Chg W Bota Fogo SCP}** Small kick fwd R/ pl R ft bk
(W1a23a4) on inside edge of toe, recov in pl L SCP (W fwd R outside ptr/
1a23a4 fwd & sd L on inside edge of toe trn RF, recov R to SCP), **{Samba Walks}** Fwd R/ place L bk on inside edge of toe, pull R bk twd L about 3 inches flat foot; fwd L/ pl R bk on inside edge of toe, pull L bk twd R about 3 inches flat foot, **{Sd Samba Walk}** Fwd R/ sd L on inside edge of toe, pull R twd L about 3 inches flat foot end lead hnds joined;

PART D

1-4 **CRISS CROSS VOLTA; SHADOW BOTA FOGOS; CRISS CROSS VOLTA; SHADOW BOTA FOGOS;**

1a2a3a4 1-2 **{Criss Cross Volta}** XIB of W & curve LF to fc COH as dance
1a23a4 volta footwork (W under lead hnds) XLIF of R/ sd R, XLIF of R/

sd R, XLIF of R/ sd R, XLIF of R; **{Shadow Bota Fogos}** Fwd R XIB of W (W under lead hnds)/ sd & fwd L on inside edge of toe trn ¼ RF, recov R, fwd L XIB of W (W under lead hnds)/ sd & fwd R on inside edge of toe trn ¼ LF, recov L;

1a2a3a4 3-4 **{Criss Cross Volta}** XIB of W & curve RF to fc wall as dance
1a23a4 volta footwork (W under lead hnds) XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L; **{Shadow Bota Fogos}** Fwd L XIB of W (W under lead hnds)/ sd & fwd R on inside edge of toe trn ¼ LF, recov L, fwd R XIB of W (W under lead hnds)/ sd & fwd L on inside edge of toe trn ¼ RF, recov R;

5-8 MAYPOLE TWICE;; SAMBA WHISKS; UNDERARM WHISK,, WHISK,;

1a2a3a4 5-6 **{Maypole Twice}** Dance a circular volta arnd W circling LF ½
1a2a3a4 while (W dances a spot volta RF 1 & ½ under the joined lead hnds) to end fc ptr & COH XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R (W XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L); Do the maypole in the opposite direction still under the joined lead hnds to end fc ptr & wall XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L/ sd L, XRIF of L (W XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R/ sd R, XLIF of R);

1a23a4 7-8 **{Samba Whisks}** Blend to CP repeat intro meas 3; **{Underarm**
1a23a4 **Whisk} {Whisk}** Repeat intro meas 4;

REPEAT A, B, C, D

ENDING

1 SD TO LADY LEG CRAWL,

a1 1 **{Sd to Lady Leg Crawl}** On the a ct sd L/ trn body sharply LF to cause W to leg crawl (W fwd & sd R coming into M/ trn body sharply LF & lift L leg up the outside of M's R leg),